



Topic: "YHWH's Dietary Instructions" Pt 7  
 Scripture: Matthew 15:1-20; Mark 7:1-23  
 Definition: "Yahshua's Teachings"

# Scriptural Dietary Instructions

Reminder: Salvation is based on faith in Messiah alone. Our diet has nothing to do with salvation, but one of living obediently to YHWH.

What did Yahshua have to say concerning the Scriptures which contained YHWH (His Fathers) instructions?

Matthew 5:17-18

"Do not think that I came to annul the Torah or the Prophets; I did not come to annul, but to fulfill. Truly I say to you, Until the heaven and the earth pass away, in no way shall one yod or one stroke pass away from the Torah until all comes to pass."



Qualifying questions...

- Has heaven and earth passed away?
- Has all (Scriptural prophecies) come to pass?

Let's look at one of Messiah's teachings that is used today to validate (in most of western Christendom) that we can eat whatever we want.

First circle which you think Americans consider food for you today...

Chicken	Pig	Rat	Duck	Cat
Shrimp	Turkey	Fish (w/scales)		Catfish
Dog	Beef	Lobster	Raccoon	Snake

Was there anything on there that you don't consider food? Why?



In establishing Scriptural truth we must stick with what YHWH has established as food. We covered that in earlier lessons. Knowing what He has established as food then the definition of food will remain consistent throughout Scriptures if YHWH truly is the same yesterday, today and forever.

Let's explore a teaching of Messiah recorded in two of what is called the gospels.



Remember, these are two different eyewitnesses of the same account but they both share some unique factors that the other one does not.

Matthew 15:1-20 and again in Mark 7:1-23

Let's start with Mark 7

In many 'modern' translations (such as the NIV) vs 19 says this...

"For it doesn't go into his heart but into his stomach, and then out of his body." (In saying this, Jesus declared all foods "clean.")

Many (western Christians) use this verse as a baseline of defense to be able to eat anything they want (their definition of food). However, they base it on the phrase, "In saying this, Jesus declared all foods "clean."

The problem is this is an editors commentary on what "they" want to believe and try to promote as a means of justifying their own desires.

NOWHERE in the original manuscripts is this statement found. It can't be found before the 20th century translations. It was added to appease mans own desires.

The New King James Version has "thus purifying all foods" and includes the marginal explanation: "NU [an abbreviation for the text used by many New Testament translations] sets off the final phrase as Mark's comment, that Jesus has declared all foods clean."

ESV version..."since it enters not his heart but his stomach, and is expelled?" (Thus he declared all foods clean.)

Knowing that this was added to the text is a real big **RED** flag... Remember...



Deut 4:2 "You shall not add to the Word which I command you, nor take from it, to keep the commandments of YAHWEH your Elohim which I command you."

Rev 22:18 “For I testify together with everyone hearing the Words of the prophecy of this Book, if anyone adds to these things, YAHWEH will add upon him the plagues having been written in this Book.”

Scripture must define Scripture. YHWH’s principles, statutes and commands do not change.

Let’s explore Matthew 15:1-20 and see this authors account of Messiah’s teaching.

(see comparison sheet)



Notice that food laws are not in question here. The topic is ritual purity based on the religious traditions of the oral law. The disciples were being criticized for not following the proper procedure of ceremonial hand-washing prescribed by these revered religious traditions.

The Jewish New Testament Commentary, explaining the background of [Mark 7:2-4](#), offers a description of this custom: “Mark’s explanation of a ... ritual handwashing, in these verses corresponds to the details set forth in Mishna tractate Yadayim [the Mishna is a later written version of the oral tradition]. In the marketplace one may touch ceremonially impure things; the impurity is removed by rinsing up to the wrist. Orthodox Jews today observe [ritual hand-washing] before meals. The rationale for it has nothing to do with hygiene but is based on the idea that ‘a man’s home is his Temple,’ with the dining table his altar, the food his sacrifice and himself the cohen (priest). Since the Tanakh [Old Testament] requires cohanim [priests] to be ceremonially pure before offering sacrifices on the altar, the Oral Torah requires the same before eating a meal”. (David Sterns, 1995)

Surely Peter would have understood something as fundamental as whether Jesus had repealed the laws of clean and unclean meat. Yet, years after Christ’s death and resurrection, when he experienced a vision of unclean animals accompanied by a voice telling him to “kill and eat,” notice Peter’s spontaneous response: “Not so, Lord! For I have never eaten anything common or unclean” ([Acts 10:14](#), emphasis added throughout).



Next lesson we will explore Peter’s encounter with ‘one’ outside of the house of Israel.

Next week we will explore more of YHWH’s thoughts on dietary instructions.



## **Matthew 15**

vs 1,2 Washing hands

vs 3-6 Yahshua questions the scribes and Pharisees about breaking YHWH's commandments—namely honoring father and mother.

Why do you also transgress the commandment of YHWH?

vs 7-9 Hypocrites! Yahshua calls them.

vs 10 Messiah turns to teach those around Him.

vs 11 What defiles a man is not what he eats.

vs 12 Disciples don't understand fully Yahshua's teaching and thought the Pharisees were offended.

vs 13 Yahshua speaks of the Father's seed. Those that are not His He will uproot (destroy)

vs 14 This He speaks of concerning the scribes and Pharisees and their plight.

vs 15 Peter asks for the meaning of the teaching.

vs 16 Yahshua asks, You still don't get it?

vs 16-19 Its not what goes into a mans mouth but what comes from the heart...[listing]

- evil thoughts Murder
- fornication
- theft,
- false witness
- blasphemy

vs 20 What defiles the man...

Full circle to what started the whole teaching... "But eating with unwashed hands does not defile the man."

vs 21 They leave

## **Mark 7**

vs 1-5 Washing hand, food from market and many other traditions.

vs 6-7 Hypocrites! Yahshua speaks Scripture to identify these scribes and Pharisees from Isaiah.

He speaks of their traditions that they have turned into doctrine, washing of utensils and cups, and many such like things.

vs8-9 Setting aside YHWH's commandments holding onto man made traditions

vs 10-13 the specific commandment of honor father and mother.

vs 14 Messiah turns to teach those around Him

vs 15-16 What defiles a man is not what he eats.

vs 17 Entering a house the disciples didn't understand Messiah

vs 18 Yahshua asks, You still don't get it?

vs 18-22 Its not what goes into a mans mouth but what comes from the heart...[listing]

- evil thoughts
- adulteries
- fornications
- murders
- thefts
- greedy desires,
- iniquities
- deceit
- lustful desires
- a wicked eye
- blasphemy
- pride
- recklessness

vs 23 What defiles the man...

vs 24 They leave.