



Topic: "YHWH's Dietary Instructions" Pt 2
Scripture: Romans 12:1
Definition: "Does YHWH Care What I Eat?"

Scriptural Dietary Instructions

Does YHWH really care what I eat?

3 John 2 "Beloved, in regard to all things, I pray for you to prosper and to be in health, as your soul prospers."



YHWH wants our bodies to prosper in health.

1 Cor 6:19, 20 "Or do you not know that your body is a sanctuary of the Holy Spirit in you, which you have from Elohim, and you are not of yourselves? 6:20 You were bought with a price; then glorify Elohim in your body, and in your spirit, which belong to Elohim."

For this reason the Psalmist thanks YHWH our Creator in Psalm 139:14 "I will thank You, for with fearful things I am wonderful; Your works are marvelous, and my soul knows it very well."

Romans 12:1 "Therefore, brethren, I call on you through the compassion of Elohim to present your bodies a living sacrifice, holy, pleasing to Elohim, which is your reasonable service."

YHWH holds us responsible for how we treat our bodies along with our actions.

2 Cor 5:10 "For we all must appear before the judgment seat of Messiah, so that each one may receive the things done through the body, according to what he did, whether good or bad."

When you abuse this living temple you sin against YHWH. By not following healthful practices you are at risk of YHWH rejecting you.

1 Cor 3:16, 17 "Do you not know that you are a sanctuary of Elohim, and the Spirit of YAHWEH dwells in you? And whoever defiles the sanctuary of Elohim, Elohim will destroy; for the sanctuary of Elohim is holy, which you are."



That's why it is so important to know what YHWH has instructed for us in His Word.

He is not only concerned with our spiritual well being (which is the core of our character) but also with the body (house or temple of said character). He created the human body. He designed it to function in harmony with His creation. To abuse that is a direct violation of YHWH's instructions and a direct insult to our Creator.



1 Cor 10:31 "Then whether you eat or drink, or whatever you do, do all things to the glory of Elohim."

If you do not properly take care of this body you are in direct violation of YHWH's instructions. And how you take care of it matter as well. The purpose is to glorify YHWH.

Phil 3:17-19 "Be fellow-imitators of me, brothers, and consider those walking this way, even as you have us for a pattern. For many walk as enemies to the torture stake of Messiah, of whom I often told you, and now even weeping I say it, whose end is destruction, whose god is their belly, and who glory in their shame, the ones thinking on earthly things."



Isaiah 55:2 "Why do you weigh out silver for that which is not bread, and your labor for what never satisfies? Listen carefully to Me and eat the good; and let your soul delight itself in fatness."



So what instructions concerning food does YHWH give us? First, let us consider and look at what He has to say about food.

First time mentioned is Gen 1:29 "And Elohim said, Behold, I have given you every plant seeding seed which is on the face of all the earth, and every tree in which is the fruit of a tree seeding seed; it shall be food for you."

At this point man had not sinned. The Father was providing the food for them.

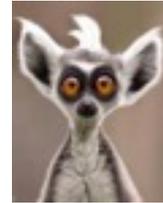
After the fall of man we see that man had to till the earth, to work it to have provision for physical needs.

Gen 3:18, 19 "And it shall bring forth thorns and thistles for you, and you shall eat the plant of the field. (Mk 4:18-19, Is 5:6) By the sweat of your face you shall eat bread until your return to the ground. For you have been taken out of it; for you are dust, and to dust you shall return." (Job 7:21, Ps 146:4)

The next mention of food mentioned by YHWH is found in Genesis 6.



Gen 6.21 “And take for yourself all food that is eaten, and gather to yourself. And let it be for you and for them for food.”



Next week we will explore more of YHWH’s thoughts on dietary instructions.

