



Topic: "YHWH's Dietary Instructions" Pt 1
Scripture: Psalm 146:5-10
Definition: "Setting the Stage"

Scriptural Dietary Instructions

Psalm 146:5-11 "Blessed is he who has the Elohim of Jacob in his help; his hope is on YAHWEH his Elohim, 146:6 who made the heavens and the earth, the seas and all that is in them; who keeps truth forever; 146:7 who executes judgment for the oppressed; **who gives food to the hungry**; YAHWEH sets free the prisoners; 146:8 YAHWEH opens the eyes of the blind; YAHWEH raises those bowed down; YAHWEH loves the righteous; 146:9 YAHWEH guards the strangers; He relieves the orphan and the widow, but He warps the way of the wicked. 146:10 YAHWEH shall reign forever, O Zion, your Elohim from generation and generation. HalleluYah."



There are 3 specific areas of difficulty for most (western) christian believers concerning our Hebraic Heritage. We've dealt, in detail, with two of these areas.

1. Sabbath Keeping (Saturday, Sunday or whatever day you want)
2. Holy Days / Celebrations (YHWH's appointments, Christmas, Easter)
3.

The third one is as contentious and dividing as the other two. Dietary Instructions (Clean only or Whatever you want).

We must ask ourselves several questions?

- Do I really want to know?
- Does it matter?
- And to Whom does it matter?
- Am I willing to accept Only what YHWH's Word says?



Let's answer the first question to ourselves. Do I really want to know?

If you say, "No." then you've already closed the book on what you believe. You have pitched your right against the Word's of YHWH.

There is a very big difference between putting YHWH to the test and YHWH giving us the right to accept a challenge.

In Psalms 95:8-11 we see how the “doers of wickedness” put YHWH to the test and they died in the wilderness. A stern warning to believers not to imitate those people who tested YHWH. These verses are quoted in verbatim in Hebrews 3:7-11 showing that without faith one cannot enter the kingdom of YHWH.”

So does YHWH ask us to take Him at His challenge?

Isaiah 7:10-16 He challenges Ahaz to make a request from YHWH.

Malachi 3:10 YHWH throws down the challenge. He dares us to test Him to see whether or not His promises are true. When YHWH dares us to take up the challenge, we would be sinning to refuse it.

“Give to me first, and I’ll pour out the blessings in response.”

Peter could not keep one foot in the boat and the other he put in the water...It was all or nothing.

You’re either all in or not at all. So what does it matter?

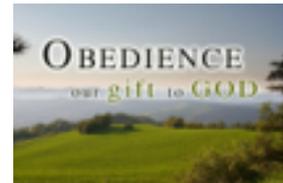


What about today? Are we actually asked by the Father to take up His challenge? Yes. In Malachi 3:10 He says. “Bring all the tithe into the storehouse, so that there may be food in My house. And **test Me** now with this, says YAHWEH of Hosts, whether I will not open the windows of the heavens for you and pour out a blessing until there is no sufficiency of room to store it.”

The word ‘test’ here in Hebrew is...

974. בָּחַן **bachan**, *baw-khan´*; a primitive root; to test (especially metals); generally and figuratively, to investigate:—examine, prove, tempt, try (trial).

The specific subject in Malachi is tithing. The applied principle that is being taught is not **Just** the act of giving but the principle of obedience. If we are to take YHWH at His word, then all the principles of obedience applies as well as the disobedience. If you do this, I (YHWH) will do this [for you or against you].



It is always a faith issue. But don’t overlook the fact that the challenge is hinged on conditions. If you will do this I will do this. We too often just want to bypass the first part and just receive the blessings...isn’t that welfare?

When seeking to know if something is true or not true we must always seek His Word. We must ask for His Spirit to instruct us and guide us. In trying to grasp the intent of the question, “Does it matter?”, we must also ask the question, “To Whom does it matter?”

As with any instructions in YHWH’s Word it is always relational. In other words, it is based on both parties involved and effects both. First it matters to YHWH because He

is the righteous Creator of all. It matters to us, followers of Messiah, in that it holds the keys to having a right relationship with YHWH.

Let's look at some logistical thoughts surrounding this matter.

First: We are often told that if we keep YHWH's dietary instructions (along with other instructions in the Torah) that we are being legalistic. But what does that mean?

Is doing what YHWH instructs us to do legalistic or is it Legal?

What is legalistic anyway? Jim Staley's definition is, "Going beyond what He (YHWH) said to do for the sake of religious piety OR obeying a command without being mindful of the spirit of the command Is legalism. Otherwise, it's just plain Being Legal!"

Wouldn't you agree that doing what YHWH tells us to do would be the correct approach, the legal way? And that to do it any other way would be legalism or legalistic?

Which brings us to the important question before us? Am I willing to accept Only what YHWH's Word says? Can I and will I set aside all bias and really reflect on His Word to know the Heart of YHWH? If yes, then let's continue.



Do you think that YHWH cares About...

What we think? Prov 23:7 Phil 4:6-9
What we say? Matt 15:11; Eph 4:29
What we do? 1 Cor 16:14-16; Col 3:17, 23; Deut 28:8
What we hear? Luke 8:16-21 (Shema = Listen and Obey) ; Matt 11:15; Rev 2:29
What we see? 1 Jn 2:16; Gen 3:1 outcome 3:6, 7; Prov 4:25
Where we go? 1 Thess 5:22; James 4:4; Ro 12:2; Eph 5:11; 1 Jn 1:6; Gal 5:20-21
What we wear? 1 Tim 2:8-10; Deut 22:5

Does not Scriptures tell us that we **Are** the temple of YHWH? 1 Cor 3:16; 6:19; 2 Cor 6:14-18; Eph 2:19-22; 1 Peter 2:5

We are to be....In the world not of the world...John 17:14

If YHWH cares about all these physical attributes of our lives and the fact that our bodies are His temple, then don't you think He might be concerned with what we eat as well?

Next week we will explore more of YHWH's thoughts on dietary instructions.

