



Topic: "YHWH's Appointments" Pt 46
Scripture: Leviticus 23:27
Definition: "Yom Kippur" pt 3
"Afflict your Soul"

YHWH'S APPOINTMENTS

Leviticus 23:27 "On the tenth day of this seventh month is the Day of Atonement. It shall be a set-apart gathering for you. And you shall afflict your beings, and shall bring an offering made by fire to יהוה."



Jerusalem Talmud (Jewish oral law) refers to Yom Kippur as "the great fast" (Tzoma Rabbah) (j. Peah 7:4). In another place as simply "fast" (Tzoma) (j. Baba Batra 9:7).

Even in Acts 27:9 it is referred to as "the fast" most likely referring to Yom Kippur.

Hebrew word for fast is: tsum H6684 to abstain from food, fast.

However the Torah does not give any direct command for us to fast.

In the Torah it does not tell us to fast but rather to "anah" ourselves.

Leviticus 16:29, 23:27; Num 29:7, the word anah (H6907) is used, which is to "humbling (or mortifying, afflicting) one's soul."



What does it mean then to "afflict" (anah) ourselves?

Anah appears about 79 times in the Tanakh (OT)



First mention: Gen 15:13 YHWH tells Abraham his offspring they will be anah (afflicted) for 400 years

Gen 16:6 Sarai anah (afflicted) her servant

Being under the "anah" (afflictions) of others.



There is a direct correlation between obedience (following His instructions) and anah (humbling) oneself.



Psalms 119:71, 75

vs 71 “It is good for me that I was afflicted, to learn Your Statutes.”

vs 75 “I know, O YAHWEH, Your judgments are right; and in faithfulness You afflicted me.”

Purpose of Yom Kippur:

- A call to humble ourselves before YHWH
- To make ourselves low before Him, in obedience
- A time to realign ourselves and submit to His authority
- A call to repentance and introspection
- To focus on Him and His ways.
- To humble ourselves, to prostrate ourselves, to make ourselves low.
- To only be following His instructions, and not our own.

Does YHWH define for us the manner of affliction that He expects from us?

YHWH does not mention fasting as a type of obedience for Yom Kippur but He does mention a type of obedience related to the affliction (anah) several times, keeping Yom Kippur as a Shabbat.



Leviticus 23:26-23 Don't miss this...4 times!

The affliction that YHWH desires from us on Yom Kippur is a day of rest and self reflection, not necessarily fasting.

We cannot focus on YHWH if we are focused on work or if we are struggling because we are hungry.

Lev 23:27 linked with Matt 23:12

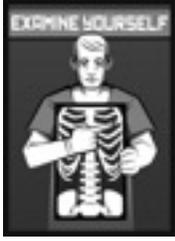
vs 27 “Also, on the tenth of this seventh month shall be a day of atonement; there shall be a holy gathering, and you shall humble and weaken your bodies and shall bring a fire offering to YAHWEH.”

vs 12 “And whoever will exalt himself shall be humbled, and whoever will humble himself shall be exalted.”

Anah has to do with responding or reacting to someone or something. The idea of answering or responding to.

Gen 18:27 “Abraham answered (anah) and said, ‘Behold, I have undertaken to speak to YHWH, I who am but dust and ashes.’”





Abraham recognizes YHWH's authority and he humbled himself under that authority.

2 Cor 13:5 "Examine yourselves, whether you are in the faith; test yourselves. Or do you not yourselves realize that Yahshua Messiah is in you? If this is not true than you are rejected."

Fasting and affliction are two different things in Scripture, however, if you can use fasting as a means to bring affliction. But affliction is not fasting.

Ezra 8:21 Then I proclaimed a fast there, at the river Ahava, that we might humble ourselves before our God, to seek from him a safe journey for ourselves, our children, and all our goods.

Note: Thanks to 119 Ministries and there teaching on this subject. A great deal of the notes were taken from there studies. See more teachings from them www.119ministries.com.

Next Lesson continuing to look at Yom Kippur

